

New Vista Nursing and Rehab Center
 Week-At-A-Glance
 Copy of New Vista 2017 S/S WAG Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Hot Oatmeal Cold Cereal of Choice Scrambled Eggs Bacon Banana Muffin Orange Juice Milk Coffee	Cream of Wheat Cereal Cold Cereal of Choice Pancakes Sausage Patty Orange Juice Milk Coffee	Grits Cold Cereal of Choice Hashbrown Scrambled Eggs Wheat Toast. Orange Juice Milk Coffee	Oatmeal Cold Cereal of Choice Cheese Omelet Coffee Cake Orange Juice Milk Coffee	Cream Of Wheat Cold Cereal of Choice French Toast Bacon Orange Juice Milk Coffee	Grits Cold Cereal of Choice Egg Omelet Sausage Patty English Muffin Orange Juice Milk Coffee	Oatmeal Cold Cereal of Choice Western Scrambled Eggs Toast Orange Juice Milk Coffee
Lunch:Regular						
Roast Turkey Smothered Beef Patty Roasted Red Potatoes Rice Pilaf California Veg Blend Green Beans Dinner Roll/Bread Cake W/creamy Frstg Milk Coffee	Penne Bolognese Grilled Chicken Breast Rice Steamed Broccoli Garlic Bread Pudding Milk Coffee	Marinated Pork Loin Chicken A La Orange Candied Sweet Potato Yellow Rice Spinach Green Peas Dinner Roll/Bread Mandarin Oranges Milk Coffee	Polish Sausage Lemon Pepper Fish Boiled New Potatoes Rice Peppers& Onions Whole Kernel Corn. Dinner Roll/Bread Peaches & Cream Gelatin Milk Coffee	Lasagna w/ Meatsauce Baked Turkey Patty Mashed Potato Tossed Salad w/ Dressing Zucchini Garlic Bread Apple Pie Milk Coffee	Baked Fish Baked Chicken Leg Rice Pilaf Noodles. Stewed Tomatoes Green Beans Dinner Roll/Bread Chilled Peaches Milk Coffee	Homestyle Meatloaf Grilled Ham & Cheese Sandwich Buttered Noodles Italian Green Beans Green Peas Dinner Roll/Bread Butterscotch Pudding Milk Coffee
Dinner:Regular						
Ziti. Grilled Ham & Cheese Sandwich Spinach Three Bean Salad Garlic Bread Pineapple Tidbits Milk Coffee	Grilled Chicken Brst Tuna Salad Sandwich Green Beans Rice Pilaf Dinner Roll/Bread Bread Pudding Milk Coffee	Minestrone Soup Philly Steak Sandwich. Baked Chicken Leg Green Beans French Fries Noodles Dinner Roll/Bread Fresh Fruit Milk Coffee	Open Face Turkey Sandwich (.exc) Shrimp Alfredo Broccoli Florets Green Peas Noodles. Chocolate Brownie Milk Coffee	Chicken Salad Sandwich Grilled Cheese Sandwich 3 Bean Salad Coleslaw Potato Chips Pasta Salad Fruit Mix Milk Coffee	Chicken Noodle Soup Shredded Pork Sandwich (.exc) Turkey Salad Sandwich Calico Coleslaw Marinated Cucumber & Onion Salad Pasta Salad Sugar Cookie Milk Coffee	Vegetable Soup Rotisserie Chicken Roast Beef Sandwich. Broccoli Florets Boiled Potatoes Confetti Corn Salad Macaroni Salad Fresh Fruit Milk Coffee

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Cream Of Wheat Scrambled Egg Biscuit Orange Juice Milk Coffee	Oatmeal Cold Cereal of Choice French Toast Bacon Orange Juice Milk Coffee	Grits Cold Cereal of Choice Western Scrambled Eggs Toast Orange Juice Milk Coffee	Cream Of Wheat Cold Cereal of Choice Hard Boiled Egg Toast Orange Juice Milk Coffee	Oatmeal Cold Cereal of Choice Scrambled Egg w/ Cheese Hashbrown Wheat Toast Orange Juice Milk Coffee	Grits Cold Cereal of Choice Cheese Omelet Hashbrown Wheat Toast Orange Juice Milk Coffee	Oatmeal Waffles w/Syrup Bacon Scrambled Eggs Milk Coffee
Lunch:Regular						
Glazed Baked Ham Baked Chicken Thigh Baked Sweet Potatoes Rice Parslied Cauliflower Sliced Carrots Dinner Roll/Bread Pineapple Tidbits Milk Coffee	Baked Ziti Chicken Stew Rice Pilaf Broccoli Garlic Bread Oatmeal Cookie Milk Coffee	Swedish Meatballs Chicken Salad for Sandwich Noodles Potato Salad Green Peas Tossed Salad w/ Dressing Dinner Roll/Bread Fresh Fruit Milk Coffee	Meatsauce Turkey Patty w/ Mushroom Sauce Spaghetti Noodles Mashed Potato Green Beans Broccoli Florets Garlic Bread Sherbet Milk Coffee	Teriyaki Chicken Liver & Onions Rice Mashed Potato Green Peas Carrots Dinner Roll/Bread Apple Crisp Milk Coffee	Cheese Pizza Fish Patty for a Bun (.exc)* Tossed Salad w/ Dressing Calico Coleslaw Chocolate Cake Milk Coffee	Corn Chowder Soup BBQ Pork Sandwich Turkey Salad Sandwich Tater Tots Coleslaw Coleslaw Carrot Cake w/ Crmy Frosting Milk Coffee Lettuce/Tom/Onion/Pickle (gps)
Dinner:Regular						
Chicken Tenders LS Tuna Salad Sandwich Green Peas Tossed Salad w/ Dressing Macaroni & Cheese Macaroni Salad Dinner Roll/Bread Choc Cake w/ Frosting Milk Coffee	Beef Pot Pie Grilled Ham & Cheese Sandwich. Tomato & Onion Marinated Salad Dinner Roll/Bread Chilled Pears Milk Coffee	BBQ Pork Ribette Sandwich Turkey & Cheese Hoagie (.exc) Corn on the Cob Pasta Salad French Fries Chocolate Pudding Milk Coffee	Minestrone Soup Baked Chicken Baked Fish Peas and Carrots Rice & Beans Roasted Potatoes Fruit Cup Milk Coffee	Beer Battered Fish Beef Patty Melt (.exc) Green Beans Cream Of Broccoli Soup Lettuce/Tom/Onion/Pickle (gps) Potato Wedges Macaroni Salad Dinner Roll/Bread Cherry Pie Milk Coffee	Turkey Chili Grilled Cheese Sandwich Marinated Green Bean Salad Rice Potato Chips Fresh Fruit Milk Coffee	Chicken Pasta Primavera. Hot Dog Tossed Salad w/ Dressing Baked Beans Dinner Roll/Bread Corn Muffin Red Velvet Cake Milk Coffee

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Cream Of Wheat Cold Cereal of Choice French Toast Sticks Pork Roll Orange Juice Milk Coffee	Oatmeal Cold Cereal of Choice Western Scrambled Eggs Toast Orange Juice Milk Coffee	Grits Cold Cereal of Choice Pancakes Breakfast Ham Orange Juice Milk Coffee	Oatmeal Cold Cereal of Choice Cheese Omelet Coffee Cake Orange Juice Milk Coffee	Cream Of Wheat Cold Cereal of Choice French Toast Bacon Orange Juice Milk Coffee	Grits Cold Cereal of Choice Scrambled Eggs Toast Orange Juice Milk Coffee	Hot Oatmeal Hashbrown Cold Cereal of Choice Boiled Egg Corned Beef Hash Orange Juice Milk Coffee
Lunch:Regular						
Pot Roast Herbed Chicken Boiled Potatoes Rice Mixed Vegetables Green Beans Pears Milk Coffee	Fried Chicken Tuna Salad Sandwich Macaroni & Cheese Macaroni Salad Southern Style Green Beans biscuit Lemon Pudding Milk Coffee	BBQ Pork Chop Hot Roast Beef Sandwich Rice Whole Kernel Corn Carrots Dinner Roll/Bread Yellow Cake w/Frosting Milk Coffee	Homestyle Meatloaf Chicken Salad Sandwich Baked Sweet Potato Green Beans Marinated Cucumber & Onion Salad Dinner Roll/Bread Pineapple Tidbits Milk Coffee	Beef Stir Fry w/Veg Baked Chicken Thigh Rice Noodles Peas & Carrots Dinner Roll/Bread Jello Milk Coffee	Chicken Parmesan Fish Patty On a Bun (.exc) Penne Pasta Rice Italian Green Beans Carrots Dinner Roll/Bread Banana Cream Pie Milk Coffee	Salisbury Steak Chicken Tenders Mashed Potatoes Tater Tots Mixed Vegetables Green Peas Dinner Roll/Bread Fresh Fruit Milk Coffee
Dinner:Regular						
Cream of Tomato Soup Hamburger on a Bun Grilled Ham & Cheese Sandwich Creamy Coleslaw Tossed Salad Steak Fries Chocolate Brownie Milk Coffee	Shrimp Scampi Egg Salad Sandwich Broccoli Florets Yellow Rice Pasta Salad Ice Cream Milk Coffee	Stuffed Bell Pepper Grilled Ham & Cheese Sandwich Mix Vegetables Rice Tater Tots Breadstick Cookies Milk Coffee	Chicken Breast Sandwich Meatballs Italian Vegetable Blend Carrots Noodles Dinner Roll/Bread Chilled Peaches Milk Coffee	Sausage Sub w/ Pepper & Onion (.exc) Smothered Beef Patty Cool Corn Salad Carrots French Fries Noodles Dinner Roll/Bread* Fresh Fruit Milk Coffee	Sloppy Joe on a Bun (.exc). Baked Chicken Leg Marinated Broccoli Salad Green Beans Tator Tots Noodles Dinner Roll/Bread Chilled Pears French Onion Soup Milk Coffee	Roast Turkey Egg Salad Sandwich Creamy Coleslaw Whole Kernel Corn Mashed Potato Dinner Roll/Bread Apple Pie Milk Coffee

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Breakfast:Regular						
<i>Cream Of Wheat</i> Cold Cereal of Choice <i>Scrambled Egg w/ Cheese</i> Biscuit <i>Sausage Patty</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>	<i>Oatmeal</i> Cold Cereal of Choice <i>Western Scrambled Eggs</i> <i>White Toast</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>	<i>Cream Of Wheat</i> Cold Cereal of Choice <i>Pancakes</i> <i>Sausage Patty</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>	<i>Grits</i> Cold Cereal of Choice <i>Egg Omelet</i> <i>Hashbrown</i> <i>Wheat Toast</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>	<i>Cream Of Wheat</i> Cold Cereal of Choice <i>French Toast</i> <i>Bacon</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>	<i>Oatmeal</i> Cold Cereal of Choice <i>Scrambled Eggs</i> <i>Hashbrown</i> <i>Wheat Toast</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>	<i>Cream Of Wheat Cereal</i> Cold Cereal of Choice <i>Boiled Egg</i> <i>Breakfast Ham</i> <i>English Muffin</i> <i>Orange Juice</i> <i>Milk</i> <i>Coffee</i>
Lunch:Regular						
<i>Hot Dog Bun</i> Baked Chicken Leg <i>Baked Beans</i> Buttered Herbed Noodles <i>Coleslaw</i> Green Peas <i>Chocolate Cream Pie</i> <i>Milk</i> <i>Coffee</i>	<i>Minestrone Soup</i> <i>Baked Chicken Thigh</i> Italian Style Hoagie <i>Rice</i> <i>Carrots</i> <i>Dinner Roll/Bread</i> <i>Potato Chips</i> <i>Poke Cake</i> <i>Milk</i> <i>Coffee</i>	<i>Meatballs</i> Turkey Patty w/ Mushroom Sauce <i>Spaghetti Noodles</i> Parslied Rice <i>Broccoli</i> Carrots <i>Garlic Bread</i> <i>Sherbet</i> <i>Milk</i> <i>Coffee</i>	<i>Chicken A La King</i> Baked Fish <i>Rice Pilaf</i> Rice Pilaf <i>Spinach</i> Italian Vegetable Blend <i>Dinner Roll/Bread</i> <i>Chilled Pears</i> <i>Milk</i> <i>Coffee</i>	<i>Beef Vegetable Stew</i> Baked Chicken Leg <i>Mashed Potatoes</i> Buttered Noodles <i>Italian Vegetable Blend</i> Green Peas <i>Dinner Roll/Bread</i> <i>Chilled Peaches</i> <i>Milk</i> <i>Coffee</i>	<i>Roast Pork</i> Grilled Turkey & Cheese Sandwich <i>Baked Sweet Potatoes</i> <i>Green Beans</i> <i>Dinner Roll/Bread</i> <i>Chocolate Brownie</i> <i>Milk</i> <i>Coffee</i>	<i>Cheeseburger Sandwich</i> Baked Fish <i>French Fries</i> Rice <i>Creamy Coleslaw</i> Sliced Carrots <i>Chilled Pears</i> <i>Milk</i> <i>Coffee</i>
Dinner:Regular						
<i>Chicken Pot Pie</i> Tuna Salad Sandwich <i>Broccoli Florets</i> Tomato & Onion Marinated Salad <i>Dinner Roll/Bread</i> <i>Fresh Fruit</i> <i>Milk</i> <i>Coffee</i>	<i>Baked Ziti WithMeatsauce</i> Grilled Cheese Sandwich <i>Italian Green Beans</i> Creamy Coleslaw <i>Mandarin Oranges</i> <i>Milk</i> <i>Coffee</i>	<i>Tuna Salad Sandwich.</i> Chicken Tenders <i>Marinated Veg Salad(no</i> <i>Tomat</i> Tossed Salad Potato Chips Macaroni Salad <i>Snickerdoodle</i> <i>Milk</i> <i>Coffee</i>	<i>Beef Macaroni Casserole.</i> Fish Patty On a Bun <i>California Blend Vegetables</i> Green Beans <i>Dinner Roll/Bread</i> <i>Pineapple Tidbits</i> <i>Milk</i> <i>Coffee</i>	<i>Minestrone Soup</i> <i>Smothered Beef Steak</i> Chicken Alfredo <i>Sliced Carrots</i> Green Peas <i>Rice</i> Fettuccini Noodles. <i>Dinner Roll/Bread</i> <i>Marble Cake w/ Frosting</i> <i>Milk</i> <i>Coffee</i>	<i>Beef Chili.</i> Chicken Salad on Croissant. <i>California Blend</i> Coleslaw <i>Rice</i> <i>Cornbread</i> <i>Grapes</i> <i>Milk</i> <i>Coffee</i>	<i>Stuffed Cabbage</i> Grilled Chicken Sandwich <i>Broccoli Florets</i> Green Peas <i>Rice</i> <i>Dinner Roll/Bread</i> <i>Oatmeal Raisin Cookie</i> <i>Milk</i> <i>Coffee</i>